# Steven Pirutinsky, Ph.D.

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### Education

845-323-6443

#### Columbia University (New York, NY)

Ph.D. in Clinical Psychology

Dissertation: Interpersonal religious struggles within Orthodox Jewish families in Israel. **Recipient of Dean's Doctoral Research Fellowship** 

#### Teachers College, Columbia University (New York, NY)

M.S. in Clinical Psychology

Qualifying paper: Does social support mediate the moderating effect of intrinsic religiosity on the relationship between physical health and depressive symptoms among Jews?

#### Beth Medrash Govoha (Lakewood, NJ)

Bachelor of Talmudic Studies

### **Scholarly Awards**

- 2013 Greater NY Conference on Behavioral Research: Bernard Lander Award
- 2012 American Psychological Association, Society for the Psychology of Religion and Spirituality (Div. 36): Student Research Award
- 2012 Teachers College, Columbia University: Dean's Doctoral Research Fellowship
- 2012 TAG Foundation: Emerging Scholar Award
- 2011 Greater NY Conference on Behavioral Research: A. Vincent Toth Award
- 2011 Greater NY Conference on Behavioral Research: Bernard Lander Award
- 2010 ABCT Annual Conference: Elsie Ramos Memorial Student Research Award
- Teachers College, Columbia University: Rosalea Schonbar Excellence in Research Award 2010

### **Clinical Experience**

#### Dentistry (CHEMED, Lakewood, NJ) Clinical psychology post-doctoral fellow

Center for Health Education, Medicine, &

- Clinical psychology post-doc in the Behavioral Health department of a large federally qualified • health center (FQHC) that serves a highly diverse and low-income community.
- Provided psychotherapy to adults and adolescents with a variety of psychosocial challenges.
- Completed intake assessments/screening and treatment plans
- Grant writing and data-based reporting for project INSPIRE (integrating behavioral health care into primary care).

2014

2007

2011

#### Sept. 2014 – present

- Attended clinical trainings, individual and group supervision, and peer supervision
- Supervisors: Eliyahu Wienschneider, Ph.D. & Goldi Jarsolowitz, LCSW

#### Professional Career Services (Lakewood, NJ) Career counselor

- Conducted short-term career counseling for adolescents and adults in all stages of career and academic development
- Assessed career interests and skills using the Strong Interest Inventory, IPIP-NEO (five factor personality inventory), O\*Net Skills checklist, Differential Test of Abilities, and Raven's Progressive Matrices
- Provided feedback sessions integrating both testing, interviews, and career goals
- Directed internship program: Partnered with community leadership to develop and plan program, recruited internship sites and interns, interviewed and selected candidates, developed and executed intern and site evaluation process
- Directed assessment programs for admissions to various educational programs
- Participated in organizational planning, development, and outreach

#### Center for Applied Psychology (Monsey, NY) Psychology fellow (clinical internship)

- Completed full-time clinical internship in community mental health focused specifically on the ultra-Orthodox and Hasidic community
- Provided community-based outpatient psychotherapy to children and adolescents with a full range of psychopathology and psychosocial challenges (CBT & play therapy)
- Held collateral family sessions with parents & caregivers
- Provided individual CBT and DBT-based psychotherapy to a variety of adults and couples therapy
- Provided school-based counseling to primary and middle school children
- Consulted with parents, teachers, principals, and other school administrators
- Preformed comprehensive psychological and educational assessments
- Consulted with Child Protective Services' community liaison
- Conducted intakes and wrote comprehensive assessments including integrated case conceptualizations and individualized treatment plans
- Psychological and education assessments (BASC, Connors, NEPSY, WISC, WAIS, Rorschach, Woodcock-Johnson, projective testing, Vineland, ABAS, various clinical rating scales)
- Attended clinical trainings, individual and group supervision, grand rounds, and peer supervision
- Participated in ongoing clinical research and quality improvement program
- Supervisors: Yael Mayefsky, Ph.D., Jonathan Frolich, Ph.D., Stephanie Hartman, Psy.D., Isaac Schechter, Psy.D.

#### IEP Youth Services Inc. (Freehold, NJ)

#### May 2011 – Jun. 2013

#### Psychology extern

- Probation Offenders Program (Monmouth County Probation)
  - Led group for adolescents with sexually inappropriate behavior (adjudicated offenders) using a CBT-based relapse-prevention model (Pathways)

#### Sept. 2013 – Sept. 2014

Jun. 2009 – present

- o Individual psychotherapy with adolescents with sexually inappropriate behavior
- Co-led support and psycho-educational group for parents of adolescents adjudicated for a sexual offense
- o Collateral family sessions with parents/caregivers and adjudicated adolescents
- o Co-led anger management group for adolescents on probation
- Conducted intake interviews, risk and psychological assessments, and wrote integrative reports (discovery materials, clinical interviews, collateral interviews, structured interviews, WISC, WAIS, MACI, Rorschach (Exner), projective measures, self-report symptom inventories, JRAS, ERASOR, Protective Factors Scale, AQS, BASC, CPI, TAT, & Firesetting Risk Interview and Scales)

#### • Therapeutic Treatment Home Program

- Co-led psychotherapy group for adolescents in treatment home program
- o Individual psychotherapy with adolescents in treatment home program
- In-home family sessions with adolescents and treatment home parents
- o Developed and led in-service trainings for treatment home parents
- Conducted intake interviews, psychological assessments, and wrote integrated reports (WISC, WAIS, MACI, Rorschach (Exner), projective measures, clinical interviews, selfreport symptom inventories, AQS, BASC, CPI, TAT, & Fire-setting Risk Interview and Scales)

#### • Other Responsibilities

- o Intake interviews for detention alternative and anger management programs
- o Evaluated and screened referrals for various programs
- Wrote comprehensive intake, progress, and termination reports
- Attended team meetings, trainings, group and individual supervision
- Provided group supervision and trainings to masters level interns
- Supervisors: Madine DeSantis, Ph.D. & Martin I. Krupnick, Psy.D.

#### Center for Psychological Services (New York, NY) Psychology extern

- Provided long-term individual psychotherapy to outpatient adults
- Conducted short-term intake interviews focused on diagnosis and client history
- Provided family and couples therapy (Supervisor: Gil Tunnell, Ph.D.)
- Wrote comprehensive intake, progress, quarterly, and termination reports
- Conducted comprehensive psychological evaluations of adults and children
- Assessments administered: WAIS-IV, WPPSI-IV, Bender-II, Rorschach (Exner), MCMI, PAI, TAT, CAT, Figure Drawings, BASC-II, IASC, CARS, child projectives, RBANS-II, WIAT-III, MMPI-II, NEPSY, Vineland-II, & Connor's.

Sept. 2009 – Jul. 2013

- Wrote integrated assessment reports and conducted feedback sessions
- Attended and presented at case conference
- Received weekly supervision including tape review and observed sessions
- Supervisor (2012 2013): Lynn Pearl, Ph.D.
- Supervisors (2011 2012): Wendy Lubin, Ph.D. & Ron Balamuth, Ph.D.
- Supervisors (2010 2011): Seth Aronson, Psy.D. & Jonathon Cohen, Ph.D.
- Supervisor (2009 2010): Teresa Vinson, Ph.D.

#### Center for Anxiety (New York, NY) Jun. 2011 – Feb. 2012 Psychology extern Designed clinical assessment battery for intake and treatment monitoring ٠ Programmed online assessment system including computerized scoring ٠ Measures included: HADS, PSS, DOCS, IIRS, CGI, CBT-skills scale, Treatment Expectancy ٠ and Credibility Questionnaire, and CESD. Supervisor: David H. Rosmarin, Ph.D. ٠ Center for Applied Psychology (Monsey, NY) Jan. 2007 - Aug. 2008 **Clinical assistant** Scored child assessment measures (e.g., BASC, Conner's, PSC) • Designed, executed, analyzed and wrote reports for state mandated quarterly client satisfaction ٠ surveys • Standardized school referral and adult intake forms, assessments, and procedures • Conducted outcome evaluations of health and anxiety groups Supervisors: Isaac Schechter, Psy.D. & Elisheva Langner, Ph.D. •

Research Experience Center for Anxiety Disorders & JPSYCH (New York, NY) Director of Research Co-investigator: David H. Rosmarin, Ph.D.	2009 – present
Institute for Applied Research & Community Collaboration (Rockland, NY) Data Manager: Divorce in the Orthodox Community Principal-investigator: Isaac Schechter, Psy.D.	2014 – 2015
Beth Din of America (New York, NY) Statistical Consultant	2014 – 2015
<b>Teachers College - Columbia University (New York, NY)</b> Lab Member Advisor: Elizabeth Midlarsky, Ph.D.	2009 – 2013
Interdisciplinary Center (Herzliya, Israel) Statistical Consultant Principal-investigators: Ariel Kor, M.A. & Mario Mikulincer, Ph.D.	2011 – 2012
<b>Center for Applied Psychology (Monsey, NY)</b> <b>Research Associate</b> Principal-investigator: Isaac Schechter, Psy.D.	2007 – 2009

**Teaching and Related Experience** 

#### Graduate

<ul><li>Co-sup</li><li>Created</li></ul>	esearch, Center for Anxiety Disorders (New York, NY) pervised a research team including paid RAs and graduate studen d and lead a professional development workshop that taught ns in the Jewish community to consume and create research	<b>2009 – present</b> ts
Adjunct Profe	essor, Teachers College/Columbia University (NY)	2013 – present
• Statisti	cs and modeling in clinical psychology (Fall & Spring, 2014)	
• The pr	actice of psychological research (Spring, 2013)	
• Guest	lecturer, Research perspectives on social problems (2009 - 2013)	
• Teachi	ng assistant, Adult personality and psychopathology (Fall, 2009)	
<u>Undergraduate</u>		
	rt University (Lakewood, NJ)	Fall, 2014 – present
Adjunct profe	essor	
<ul> <li>Statisti</li> </ul>	cs for the behavioral sciences	
Social	psychology	
• Abnor	mal psychology	
Ateres Zevult	in Institute (Aberdeen, NJ) Fall, 2	2012 & Summer, 2013
<ul> <li>Adjune</li> </ul>	et instructor, Introduction to computer concepts	
<ul> <li>Adjunc</li> </ul>	et instructor, Career development	
Ocean Count	y College (Toms River, NJ)	Spring, 2012
• Adjund	et instructor, Abnormal psychology	
Professional	Career Services (Lakewood, NJ)	Fall, 2011
• Instruc	tor, Career choice and development	

### **Peer-reviewed Publications**

#### In Submission

Lazarus, Z., Pirutinsky, S., Korbman, M., & Rosmarin, D. H. (in submission). Dental disparities in a Jewish context: Reasons and potential solutions.

Pirutinsky, S., Kor, A., Schechter, I., & Rosmarin, D. H. (in submission). *Family size and psychological functioning in the Orthodox Jewish community*.

Pirutinsky, S., & Rosmarin, D. H. (in submission). *A paradigm to assess implicit attitudes towards God: The positive/negative God associations task.* (Recipient of APA Div. 36 Student Research Award)

#### <u>2014</u>

Maybruch, C., Pirutinsky, S., & Pelcovitz, D. (2014). Religious premarital education and marital quality within the Orthodox Jewish community. *Journal of Couple and Relationship Therapy*, 13, 365–381.

Pirutinsky, S. (2014). Does religiousness increase self-control and reduce criminal behavior? A longitudinal analysis of adolescent offenders. *Criminal Justice and Behavior*, 41, 1290-1307.

Baruch, D. E., Kanter, J. W., Pirutinsky, S., Murphy, J, & Rosmarin, D. H. (2014). Depression stigma and treatment preferences among Orthodox and non-Orthodox Jews. *Journal of Nervous and Mental Disease*, 202, 556-561.

Pirutinsky, S., Midlarsky, E., Kor, A., & Pelcovitz, D. (2014). The impact of religious conflict within Orthodox Jewish families in Israel. *Mental Health, Religion, and Culture*, 17, 665-679. (Recipient of Dean's Doctoral Research Fellowship)

#### <u>2013</u>

Agishtein, P., Pirutinsky, S., Kor, A., Baruch, D., Kanter, J., & Rosmarin, D.H. (2013). Integrating spirituality into a behavioral model of depression. *Journal of Cognitive and Behavioral Psychotherapies, 13, 275-289*.

Rosmarin, D. H., Green, D., Pirutinsky, S., & McKay, D. (2013). Attitudes toward spirituality/religion among members of the Association for Behavioral and Cognitive Therapies. *Professional Psychology: Research and Practice, 44, 424-433.* 

Krumrei, E. J., Rosmarin, D. H., & Pirutinsky, S. (2013). Jewish spirituality, depression and health: A conceptual framework. *International Journal of Behavioral Medicine*.

Pirutinsky, S., & Kor, A. (2013). Relevance of the Circumplex model to family functioning among Orthodox Jews in Israel. *New School Psychological Bulletin*.

Pirutinsky, S. (2013). Is the connection between religiosity and psychological functioning due to religion's social value? A failure to replicate. *Journal of Religion and Health.* 52, 782-784.

Pirutinsky, S. (2013). Career assessment of ultra-orthodox Jewish men: Reliability, validity, and results of the strong interest inventory. *Journal of Career Assessment*, 21, 326-336.

#### <u>2012</u>

Pirutinsky, S. (2012). A longitudinal study of religious change among youth in foster care with or without a history of sexual abuse. *Graduate Student Journal of Psychology*, 14, 22-29.

Pirutinsky, S., Rosmarin, D. H., & Holt, C. L. (2012). Does religious coping moderate the relationship between mental health and BMI? *Health Psychology*, 31, 394-397.

Midlarsky, E., Pirutinsky, S., & Cohen, F. (2012). Religion, ethnicity, and attitudes toward psychotherapy. *Journal of Religion and Health*, 51,498-506.

Kor, A., Mikulincer, M., & Pirutinsky, S. (2012). Family functioning among returnees to Orthodox Judaism in Israel. *Journal of Family Psychology*, 26, 149-158.

#### <u>2011</u>

Pirutinsky, S., Rosmarin, D. H., Holt, C. L., Feldman, R. H., Caplan, L. S., Midlarsky, E., & Pargament, K. I. (2011). Does social support mediate the moderating effect of intrinsic religiosity on the relationship between physical health and depressive symptoms among Jews? *Journal of Behavioral Medicine*, 34, 489-496.

Pirutinsky, S., & Mancuso, A. F. (2011). Social identity, satisfaction with life, and self-esteem. *Graduate Student Journal of Psychology*, 13, 39-44.

Rosmarin, D. H., Pirutinsky, S., Cohen, A. B., Galler, Y., & Krumrei, E. J. (2011). Grateful to God or just plain grateful? A comparison of religious and non-religious gratitude. *Journal of Positive Psychology*, 6, 389–396.

Rosmarin, D. H., Pirutinsky, S., Auerbach, R. P., Björgvinsson, T., Bigda-Peyton, J., Andersson, G., Pargament, K. I., & Krumrei, E. J. (2011). Incorporating spiritual beliefs into a cognitive model of worry. *Journal of Clinical Psychology*, 67, 691-700.

Rosmarin, D. H., Pirutinsky, S., & Pargament, K. I. (2011). A brief measure of core religious beliefs for use in psychiatric settings. *International Journal of Psychiatry in Medicine*, 41, 253-261.

Pirutinsky, S., Rosmarin, D. H., Pargament, K. I., & Midlarsky, E. (2011). Does negative religious coping accompany, precede, or follow depression among Orthodox Jews? *Journal of Affective Disorders*, 132, 401-405.

#### <u>2010</u>

Rosmarin, D.H., Pargament, K.I., Pirutinsky, S., & Mahoney, A. (2010). A randomized controlled evaluation of a spiritually-integrated treatment for subclinical anxiety in the Jewish community. *Journal of Anxiety Disorders*, 24(7), 799-808.

Rosmarin, D. H., Pirutinsky, S., & Siev, J. (2010). Are Orthodox and non-Orthodox Jews equally likely to recognize scrupulosity as OCD and recommend professional treatment? *Journal of Social and Clinical Psychology*, 29, 931-945.

Pirutinsky, S., Rosen, D., Shapiro, R. L., & Rosmarin, D. H. (2010). Do medical models of mental illness relate to increased or decreased stigmatization of mental illness among Orthodox Jews? *Journal of Nervous and Mental Diseases*, 198, 508-512.

#### <u>2009</u>

Pirutinsky, S., Rosmarin, D. H., & Pargament, K. I. (2009). Community attitudes towards cultureinfluenced mental illness: Scrupulosity vs. non-religious OCD among Orthodox Jews. *Journal of Community Psychology*, *37*, 949 - 958.

Rosmarin, D. H., Pirutinsky, S., Pargament, K. I., & Krumreil, E. J. (2009). Are religious beliefs relevant to mental health among Jews? *Psychology of Religion and Spirituality*, *1*, 180 – 190.

Pirutinsky, S. (2009). Conversion and attachment insecurity among Orthodox Jews. *International Journal for the Psychology of Religion*, 19, 200 – 206.

Pirutinsky, S. (2009). The terror management function of Orthodox Jewish religiosity: A religious culture approach. *Mental Health, Religion and Culture*, 12, 247 – 256.

### **Other Scholarly Contributions**

Pirutinsky, S., & Rosmarin, D. H. (2014). Book review: A new approach to religious orientation: The commitment-reflectivity circumplex. *Journal of Religion and Health*, 53, 631-633.

Rosmarin, D. H., Shabtai, S., Pirutinsky, S., & Pargament, K.I. (2013). Jewish Religious Coping and Trust in God: A Review of the Empirical Literature. In J. Levin & M. Prince (Eds.), *Judaism and Health*. Woodstock, VT: Jewish Lights Publishing.

Pirutinsky, S. (2010). *The Brief Religiosity Scale for Orthodox Jews*. Washington, DC: PsycTESTS American Psychological Association.

Pirutinsky, S. (2014). *The Marriage and Family Stigma Scale for Mental Illness*. Washington, DC: PsycTESTS American Psychological Association.

### **Peer-Reviewed Conference Presentations**

#### <u>2014</u>

Pirutinsky, S. Rosmarin, D. H. (November, 2014). *A paradigm to assess implicit attitudes towards God: The Positive/Negative God Associations Task.* Paper presented at the 26<sup>th</sup> Greater New York Conference on Behavioral Research. New York, NY

Kronen, A., Midlarsky, E., Pirutinsky, S., & Young. D. (November, 2014). *Psychological predictors of eating pathology in older women*. Gerontological Society of American meeting, Washington, DC.

Naftalovich, H., Rosmarin, D. H., & Pirutinsky, S. (September, 2014). Religious mentorship & mental health: the mediating effect of religious coping. Poster presentation at the Spirituality and Religion Special Interest group meeting at the 48th annual convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

Rosmarin, D. H., Sklar, A., Naftalovich, H., Hagage, M., & Pirutinsky, S. (September, 2014). *An initial evaluation of the Connections Program: A spiritually-based treatment for generalized anxiety disorder.* Poster presentation at the Spirituality and Religion Special Interest group meeting at the 48th annual convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

Yarmush, D.E., Pirutinsky, S., Kor, A., & Rosmarin, D.H. (September, 2014). *Spirituality, religion, neither or both? Effects on mental health and interaction with gender in the Jewish community.* Poster presentation at the 48th annual convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

Diamond R., Pirutinsky S., Kor A., & Rosmarin, D.H. (September, 2014). *Negative religious coping in the Jewish community: Does religiousness moderate effects on mental distress?* Poster presentation at the 48th annual convention of the Association for Behavioral and Cognitive Therapies.Philadelphia, PA

Pirutinsky, S. (August, 2014). *Reducing criminal behavior by fostering virtues: A longitudinal analysis.* Joint Division 17/36 Poster session at the American Psychological Association, 122nd annual meeting. Washington, DC.

Rosmarin, D.H., Pirutinsky, S., Sklar, A., Shabtai, S., & Naftalovich, H. (August, 2014). *An initial evaluation of the Connections Program: A spiritually-based treatment for Generalized Anxiety Disorder*. American Psychological Association, 122nd annual meeting. Washington, DC.

#### <u>2013</u>

Shechter, I., & Pirutinsky, S. (2013). *Common mistakes in therapy and supervision through the lens of cognitive science.* Paper presented at Nefesh International Network of Orthodox Mental Health Professionals 13th Annual Conference, Brooklyn, NY.

Pirutinsky, S. (October, 2013). Is Self-Control a Confounding or Mediating Factor in the Relationship between Religiousness and Criminal Behavior? A Developmental Study of Adolescent Offenders. Paper presented at the 25<sup>th</sup> Greater New York Conference on Behavioral Research. New York, NY

Pirutinsky, S. (October, 2013). *Religious conflict within Orthodox Jewish families in Israel*. Paper presented at the 25<sup>th</sup> Greater New York Conference on Behavioral Research. New York, NY. (**Recipient of the Bernard Lander Award**)

Pirutinsky, S. (February, 2013). *Reducing stigma in the Orthodox community: Empirical strategies.* Poster presented at Nefesh International Network of Orthodox Mental Health Professionals 12th Annual Conference, Staten Island, NY.

#### <u>2012</u>

Pirutinsky, S., Gordon, A., & Shabtai, D. (November, 2012). *The social-cultural context for the correlation between religiosity and psychological adjustment: Results from the European Social Survey.* Poster presented to 46th annual convention of the Association for Behavioral and Cognitive Therapies. National Harbor, MD.

Pirutinsky, S., Midlarsky, E., Bornstein, R., & McGowan, J. (October, 2012). Are the psychological benefits of religiosity among women dependent on their religious-culture's attitudes towards women? Results from the European Social Survey. 24<sup>th</sup> Greater New York Conference on Behavioral Research. New York, NY

Rosmarin, D.H., Pirutinsky, S., Shabtai, D., & Pargament, K.I. (August 2012). *Spiritual struggle and depression among Orthodox Jews: A longitudinal study in a clinical sample.* Symposium presented at the American Psychological Association: 120th annual meeting. Orlando, FL

Sokol, Y., Miller, M., Rosenberg, A., Pirutinsky, S., & Rosmarin, D. H. (May, 2012). *The effect of gender differences on religion and health*. Poster presented at 24th Annual Convention of the Association for Psychological Science. Chicago, IL

Pirutinsky, S. (April, 2012). *Spiritual struggles and mental health within the Orthodox Jewish community*. Paper presented at the Judaism and Mental Health Research Conference, Center for Anxiety, New York, NY

### <u>2011</u>

Pirutinsky, S. (November, 2011). *Religious change and depressive symptoms among youth in foster care with or without a history of sexual abuse.* Paper presented at the 23rd Greater New York Conference on Behavioral Research, New York, NY.

Pirutinsky, S., & Kor, A. (November, 2011). *Relevance of the circumplex model to family functioning among Orthodox Jews.* Paper presented at the 23rd Greater New York Conference on Behavioral Research, New York, NY. (**Recipient of the A. Vincent Toth Award**)

Pirutinsky, S., Rosmarin, D., & Holt, C. (November, 2011). *Religious coping moderates the relationship between emotional functioning and obesity.* Paper presented at the 23rd Greater New York Conference on Behavioral Research, New York, NY. (**Recipient of the Bernard Lander Award**)

Shabtai, D., Pirutinsky, S., & Rosmarin, D. H. (November, 2011). *Religious coping moderates the relationship between emotional functioning and obesity.* Poster presented to 45<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, ON

Baruch, D., Rosmarin, D. H., Pirutinsky, S., Murphy, J. D., & Kanter, J. W. (November, 2011). *Depression Stigma and treatment preference among Orthodox and Non-Orthodox Jews.* Poster presented to 45<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, ON

Newman, C., Rosmarin, D. H., Zemon, V., Pirutinsky, S. (November, 2011). *The impact of negative spiritual core beliefs on levels of depression and clinical worry in faith-based communities.* Poster presented to 45<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, ON

Pirutinsky, S. (June, 2011). *Does religious coping moderate the relationship between mental health and BMI?* Poster presented at the annual meeting of the New York State Psychological Association, New York, NY.

Pirutinsky, S. (June, 2011). *Does negative religious coping accompany, precede, or follow depression among Orthodox Jews?* Poster presented at the annual meeting of the New York State Psychological Association, New York, NY.

Pirutinsky, S (March, 2011). *Psychoeduction: What do our clients want to know?* Poster presented at Nefesh International Network of Orthodox Mental Health Professionals 14th Annual Conference, Staten Island, NY.

Rosmarin, D.H., Pirutinsky, S. & Pargament, K. I. (August, 2011). Integrating religious beliefs into a cognitive model of worry. In Smith, A. H. (Chair), *Beliefs: An Important but Under-Researched Dimension in the Psychology of Religion*. Symposium presented at the 119th meeting of the American Psychological Association, Washington, DC.

Rosmarin, D. H., Pirutinsky, S. & Pargament, K. I. (August, 2011). An 11th Century Jewish perspective on the etiology of anxiety and depression. In Schnall, E. (Chair), *Ancient Jewish Wisdom for Modern Minds*. Symposium presented at the 119th meeting of the American Psychological Association, Washington, DC.

Rosmarin, D.H., Pirutinsky, S. & Pargament, K. I. (August, 2011). *Advances in research on religious coping in a Jewish context*. Poster presented at the meeting of the American Psychological Association, Washington, DC.

Feldman, R. H., Rosmarin, D. H., Pirutinsky, S., Holt, C. L., & Caplan, L. S. (March, 2011). *Health behaviors in the Jewish community: A comparison of Orthodox and non-Orthodox Jews*. Poster presented at the 2011 American Academy of Health Behavior Meeting in Hilton Head, SC.

Pirutinsky, S. (February, 2011). Ask your father and he will inform you, your elders and they will tell you: Attachment and religious conversion among Orthodox Jews. Poster presented at the 2011 Winter Roundtable at Teachers College, Columbia University, New York, NY. (Recipient of the J. G. Ponterotto Student Poster Award)

#### <u>2010</u>

Schreck, M., Kertz, S., Bigda-Peyton, J., Pirutinsky, S., Galler, Y. & Rosmarin, D.H. (November, 2010). *Does religious affiliation moderate the relationship between gratitude and positive affect?* Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Smidt, D. L., Rosmarin, D. H., DiGiuseppe, R. A., & Pirutinsky, S. (November, 2010). *Attitudes toward religion & spirituality: A survey of members of the Association for Behavioral & Cognitive Therapies (ABCT)*. Poster presented at the Association of Behavioral and Cognitive Therapy's 44th Annual Convention, San Francisco, CA.

Pirutinsky, S., Midlarsky, E., & Rosmarin, D. H. (November, 2010). *Do spiritual struggles accompany, cause, or result from depression among religious Jews?* Paper presented at the 22<sup>nd</sup> Greater New York Conference on Behavioral Research, New York, NY.

Rosmarin, D. H., Pirutinsky, S., Pargament, K. I., & Meade, A. (November, 2010). *A randomized controlled evaluation of a spiritually-integrated treatment for subclinical anxiety in the Jewish community, delivered via the Internet*. Poster presented at the Association of Behavioral and Cognitive Therapy's 44th Annual Convention, San Francisco, CA. (Recipient of Elsie Ramos Memorial Student Research Award)

Pirutinsky, S., Rosmarin, D. H., Holt, C. L., Feldman, R. H., & Caplan, L. S. (November, 2010). *Intrinsic religiosity as a buffer of the relationship between physical illness and depressive symptoms among Jews: Moderators and mediators.* Poster presented at the Association of Behavioral and Cognitive Therapy's 44th Annual Convention, San Francisco, CA.

Baruch, D., Rosmarin, D. H., Pirutinsky, S., Kanter, J. W., Holt, C. L., Feldman, R. H., & Caplan, L. S. (November, 2010). *The relevance of culturally-valued activities to levels of depression among Orthodox Jews*. Poster presented at the Association of Behavioral and Cognitive Therapy's 44th Annual Convention, San Francisco, CA.

Holt, C. L., Rosmarin, D. H., Feldman, R., Caplan, L., & Pirutinsky, S. (June, 2010). *Assessing spiritual health locus of control beliefs in a Jewish population*. Paper presented at the Society for Spirituality, Theology, and Health's 3rd Annual Conference, Durham, NC.

Pirutinsky, S. & Mancuso, A. F. (March, 2010). *Strong social identity leads to greater satisfaction with life and self-esteem.* Poster presented at the 22nd Annual Convention of the Association for Psychological Science, Boston, MA.

Rosmarin, D. H., Pirutinsky, S., & Siev, J. (May, 2010). Recognition of scrupulosity and nonreligious OCD in an international sample of Orthodox and non-Orthodox Jews. In D. H. Rosmarin (Chair). *Obsessive compulsive disorder and religion around the world*. Symposium presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

Rosmarin, D. H. & Pirutinsky, S. (May, 2010). Do Medical Models of Mental Illness Relate to Increased or Decreased Stigmatization of Mental Illness among Orthodox Jews? In A. Milevsky (Chair). *Chosen but forgotten: The emerging state of research on Orthodox Judaism and mental health*. Symposium presented at the Association for Psychological Science 22nd Annual Convention, Boston, MA.

Rosmarin, D. H., Pargament, K. I., Kelemen, L., Mahoney, A., & Pirutinsky, S. (May, 2010). Spiritually-integrated CBT for sub-clinical anxiety in a religious community: A randomized controlled trial in an international sample. In D. H. Rosmarin (Chair). *Disseminating our treatments to religious populations around the world: Spiritually-integrated CBT*. Symposium presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

#### <u>2009</u>

Rosmarin, D. H., Pirutinsky, S., & Siev, J. (November, 2009). *Do Orthodox and Non-Orthodox Jews appraise symptoms of scrupulosity as psychopathology?* Poster presented at Association of Behavioral and Cognitive Therapies 43rd Annual Convention, New York, NY.

Rosmarin, D.H., Pirutinsky, S., & Pargament, K.I. (November, 2009). *The relevance of religious core beliefs to the cognitive-behavioral model of worry*. Poster presented at Association of Behavioral and Cognitive Therapies 43rd Annual Convention, New York, NY.

Rosmarin, D. H., & Pirutinsky, S. (November, 2009). *Positive/negative religious beliefs and the cognitive model of worry*. Poster presented at Spiritual & Religious Issues in Behavior Change Special Interest Group, Association of Behavioral and Cognitive Therapies 43rd Annual Convention, New York, NY.

Pirutinsky, S., Rosmarin, D. H., & Pargament, K. I. (November, 2009). *Religious culture as a moderator of the relationship between religious coping, depression and anxiety*. Poster presented at Association of Behavioral and Cognitive Therapies 43rd Annual Convention, New York, NY.

Pirutinsky, S., Rosmarin, D. H, & Pargament, K. I. (August, 2009). *Preliminary Validation of an Orthodox-Jewish stigma scale for mental illness*. Poster presented at American Psychological Association, Division 27 Society for Community Research and Action, Toronto, ON.

Pirutinsky, S. (March, 2009). Community attitudes towards culture-influenced mental illness: Scrupulosity vs. OCD among Orthodox Jews. Paper presented at the Georgian Court University Celebration of Faculty Scholarship and Creativity, Lakewood, NJ.

Rosmarin, D. H., Pirutinsky, S., Pargament, K. I., & Krumrei, E. J. (February, 2009). *Do religious doctrine and culture moderate the relationship between beliefs and distress?* Poster presented at Society for Personality and Social Psychology Pre-conference on Religion and Spirituality, Tampa, FL.

Pirutinsky, S., & Schechter, I. (January, 2009). *Diagnostic, clinical and socio-religious description of an Ultra-Orthodox and Hasidic Jewish population: An outpatient mental health clinic sample*. Poster presented at Nefesh International Network of Orthodox Mental Health Professionals 12th Annual Conference, Staten Island, NY.

Schechter, I., Schorr, F., & Pirutinsky, S. (January, 2009). *Initial validation and preliminary findings of the Comprehensive Religiousness Scale for Orthodox Jews (CRS-OJ)*. Poster presented at Nefesh International Network of Orthodox Mental Health Professionals 12th Annual Conference, Staten Island, NY.

#### <u>2008</u>

Gellis, R., & Pirutinsky, S. (December, 2008). *Interprofessional education placement outcomes*. Report presented at Sunnybrook Health Sciences Centre, Toronto, ON Canada.

Snow, D., Zemon, V., Schechter, I., Pirutinsky, S., & Langner, E. (May, 2008). *Mental health presentation of Baalei Teshuva*. Poster session presented at Yeshiva University Behavioral Sciences Student Research Conference, Bronx, NY.

### **Community-Focused Publications & Presentations of Research**

Pirutinsky, S. (December, 2014). How to choose a career that is best for you. The Jewish Press.

Pirutinsky, S. (August, 2014). Religious conflict within Orthodox Jewish families: Theory, research and practice. Grand rounds presented at the Center for Applied Psychology – Department of Clinical Services, Monsey, NY.

Pirutinsky, S. (June, 2014). How to choose career. Parnassa Handbook.

Rosmarin, D. H., & Pirutinsky, S. (January, 2013). *Taking the Guesswork out of Kiruv: The Role and Importance of Social Science Research*. 25th Annual Convention of the Association of Jewish Outreach Professionals, Stamford, CT.

Pirutinsky, S. (May, 2012). Treatment of sexual offenders: Facts and fiction. The Jewish Press.

Pirutinsky, S. (February, 2012). *Is education worth it?* Workshop presented at the Learn & Network Parnassa Expo, Lakewood, NJ.

Pelcovitz, D., Cahn, J., Kor, A., & Pirutinsky, S. (January, 2012). *Keynote session: The families of Baalei Teshuvah.* 24th Annual Convention of the Association of Jewish Outreach Professionals, Stamford, CT.

Pirutinsky, S. (2007, June 25). Tourette's syndrome: Fact and fiction. Binah Magazine.

Pirutinsky, S. (2007, July 16). Beyond bereavement: Getting through the grief. Binah Magazine.

Pirutinsky, S. (2008, January 19). Obsessive compulsive disorder: A frum perspective. *Binah Magazine*.

### **Professional Memberships**

Association for Psychological Science: Member (2010 - current)

American Psychological Association: Member (2008 - current)

Nefesh Network of Orthodox Mental Health Professionals: Member (2008 – current)

ABCT Spiritual & Religious Issues in Behavior Change: Member (2009 - current)

New York State Psychological Association: Student member (2010 – 2013)

## **Certifications and Continuing Education**

Distance education certification course for faculty, Bellevue University, 2014

Integrated mental health/addictions treatment training certificate, New York State Office of Mental Health and New York State Office of Alcoholism and Substance Abuse Service (2013)

Behavioral health care coordination for adults, New York State Office of Mental Health, New York Psychiatric Institute (2013)

Training course in treating trauma among first responders, National Crime Victims Research and Treatment Center, Medical University of South Carolina (2013)

Training course in expert witness testimony, National Institute of Justice (2013)

Training course in trauma-focused cognitive-behavioral therapy, National Crime Victims Research and Treatment Center, Medical University of South Carolina (2012)

Best practices in forensic mental health assessment: Evaluation of competence to stand trial certification, Consolidated Continuing Education and Training (2012)

Best practices in forensic mental health assessment: Evaluation of criminal responsibility certification, Consolidated Continuing Education and Training (2012)

Social and behavioral researcher certification, Teachers College - Columbia University (2011)

Identification and reporting of child abuse certification, State of New York (2009)

Human subject certification, Rutgers University and UMDNJ (2008)

### **Editorial Activities**

Ad-hoc Reviewer: Mental Health, Religion, and Culture; Cognitive and Behavior Practice; Graduate Student Journal of Psychology; International Journal of Psychiatry in Medicine; Depression Research and Treatment; Psychology of Religion and Spirituality; Journal of Poverty; Journal for the Scientific Study of Religion; Journal of Happiness Studies; International Journal for the Psychology of Religion; Journal of Religion and Health; Journal of Community Psychology

Scientific Chair: Center for Anxiety Research Day: Empirical Study of Judaism and Mental Health, (April, 2012, New York, NY)

Associate Editor for Statistics and Design: Graduate Student Journal of Psychology (2011 – 2014)

Curator of the JPsych Archive, a searchable database of peer-reviewed, empirical articles on the Jewish population (2009 – present)

### Grants

Co-investigator, Jewish spirituality and mental health: A three-year longitudinal-experimental study, Private contributor, awarded 6/25/2012

Principal-investigator, Interpersonal impact of religious and spiritual values within families, TAG Foundation, awarded 1/16/2012

Principal-investigator, Use of the Strong Interest Inventory among ultra-Orthodox Jewish young adults, CPP, Inc., awarded 2/25/2011

Co-investigator, An experimental paradigm for research on Jewish spirituality and mental health, FISH foundation, awarded 2/20/2011

### Statistical and Programming Competencies

SPSS (IBM Inc.): data management and coding, charts and figures, multiple regression, hierarchical regression, logistic regression, non-parametric statistics, bootstrapping methods, mediation/moderation, linear models, treatment studies, exploratory factor analysis, cluster analysis, scale validation, longitudinal data analysis, recoding complex experimental data

R+ Statistical Computing (R project): Structural equation modeling, confirmatory factor analysis, multiple imputation, causal matching, dyadic data analysis, multi-level modeling, latent growth modeling

Inquisit (Millisecond Inc.): Design and programming of experimental and reaction-time tasks

Web design and computer programming: HTML, CSS, JavaScript, PHP, SQL, Database administration