Internship Program Admissions

Date Program Tables are updated: 9/1/2022

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

Center for Anxiety's Internship Program currently offers 8 full-time internship positions (2 positions in Manhattan, 2 positions in Brooklyn, 2 positions in Rockland County, and 2 positions in Great Neck). Center for Anxiety bases its selection process on the entire application package submitted through AAPI; however, applicants who have met the following qualifications prior to beginning internship are considered preferred:

- 1. A minimum of two years of supervised practicum experience involving provision of psychotherapy;
- 2. Practicum experience or special interest in working with evidence-based treatment methods, particularly CBT and DBT, in outpatient and intensive outpatient settings;
- 3. Dissertation proposal defended;
- 4. Current enrollment and good standing in an APA-accredited or CPA-approved clinical, counseling, school, or combined psychology doctoral program.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours

Yes

No

Amount:

Amount:

Describe any other required minimum criteria used to screen applicants:		
N/A		

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	\$34,	,000
Annual Stipend/Salary for Half-time Interns	N	/A
Program provides access to medical insurance for intern?	Yes	No
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes	No
Coverage of family member(s) available?	Yes	No
Coverage of legally married partner available?	Yes	No
Coverage of domestic partner available?	Yes	No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	160	
Hours of Annual Paid Sick Leave	See above	
In the event of medical conditions and/or family needs that require extended		
leave, does the program allow reasonable unpaid leave to interns/residents in		
excess of personal time off and sick leave?	Yes	No

Other Benefits (please describe): The total PTO provided by the internship is 160 hours annually, inclusive of sick, vacation, and other leave. Interns are also allotted two paid holidays (July 4 and Thanksgiving) and two floating federal holidays of their choice. Interns are provided with time for professional development and/or dissertation-related activities, which will be counted as non-paid time off (travel days for professional development are counted towards PTO). All interns have access to our employee benefits package, which includes employer-negotiated rates on medical/dental/vision insurance, funding for professional development (\$1,000), 401k with employer contributions, comprehensive and fully paid malpractice insurance, \$1,000 reimbursement for employee fitness, \$1,000 reimbursement for employee mental health and paid parental leave in accordance with state guidelines.

^{*}Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

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Total # of interns who were in the 3 cohorts		
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree		
	PD	EP
Community mental health center		
Federally qualified health center		
Independent primary care facility/clinic		
University counseling center		
Veterans Affairs medical center		
Military health center		
Academic health center		
Other medical center or hospital		
Psychiatric hospital	1	
Academic university/department		
Community college or other teaching setting		
Independent research institution		
Correctional facility		
School district/system		1
Independent practice setting	12	
Not currently employed		
Changed to another field		
Other		
Unknown		

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.