

Internship Admissions, Support, and Initial Placement Data

Date Program Tables are updated: 9/1/2024

Program Disclosures

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If yes, provide website link (or content from brochure) where this specific information is presented:	

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

Center for Anxiety's Internship Program currently offers 8 full-time internship positions (2 positions in Manhattan, 2 positions in Brooklyn, 2 positions in Rockland County, and 2 positions in Great Neck). Center for Anxiety bases its selection process on the entire application package submitted through AAPI; however, applicants who have met the following qualifications prior to beginning internship are considered preferred:

1. A minimum of two years of supervised practicum experience involving provision of psychotherapy;
2. Practicum experience or special interest in working with evidence-based treatment methods, particularly CBT and DBT, in outpatient and intensive outpatient settings;
3. Dissertation proposal defended;
4. Current enrollment and good standing in an APA-accredited or CPA-approved clinical, counseling, school, or combined psychology doctoral program.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours	Yes		Amount: 500
Total Direct Contact Assessment Hours	Yes	No	Amount:

Describe any other required minimum criteria used to screen applicants:

N/A

Financial and Other Benefit Support for Upcoming Training Year¹

Annual Stipend/Salary for Full-time Interns	\$40,000	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	Yes	<input type="checkbox"/> No
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes	<input type="checkbox"/> No
Coverage of family member(s) available?	Yes	<input type="checkbox"/> No
Coverage of legally married partner available?	Yes	<input type="checkbox"/> No
Coverage of domestic partner available?	Yes	<input type="checkbox"/> No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	160	
Hours of Annual Paid Sick Leave	See Above	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes	<input type="checkbox"/> No
<p>Other Benefits (please describe): The total PTO provided by the internship is 160 hours annually, inclusive of sick, vacation, and other leave. Interns are also allotted two paid holidays (July 4 and Thanksgiving) and two floating federal holidays of their choice. Interns are provided with time for professional development and/or dissertation-related activities, which will be counted as non-paid time off (travel days for professional development are counted towards PTO). All interns have access to our employee benefits package, which includes employer-negotiated rates on medical/dental/vision insurance, \$500 reimbursement for professional development, 401k with employer contributions, comprehensive and fully paid malpractice insurance, \$1,000 reimbursement for employee fitness, \$1,000 reimbursement for employee mental health and paid parental leave in accordance with state guidelines.</p>		

¹ Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2020-2023	
Total # of interns who were in the 3 cohorts	20	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Academic teaching	PD =	EP =
Community mental health center	PD =	EP =
Consortium	PD =	EP =
University Counseling Center	PD =	EP =
Hospital/Medical Center	PD = 1	EP =
Veterans Affairs Health Care System	PD =	EP =
Psychiatric facility	PD =	EP =
Correctional facility	PD =	EP =
Health maintenance organization	PD =	EP =
School district/system	PD =	EP =
Independent practice setting	PD = 19	EP =
Other	PD =	EP =

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.